

Outdoor Play & Development Guide - PRO Edition

Outdoor Play & Development Age Guide

Designed for educators, parents, and commercial playground planners.

Includes printable tools, planning templates, and checklists.

playground-equipment.com.au

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Professional Use Guide

This resource is tailored to:

Teachers:

- Align play with curriculum goals
- Document developmental observations

Parents:

- Design age-appropriate backyard play areas
- Identify safe equipment for home use

Commercial Planners:

- Meet Australian play standards
- Plan safe, inclusive playground layouts

Developmental Needs by Age

2-4 Years

Focus: Balance, coordination, and basic motor skills

Recommended: Small slides, toddler swings, climbing steps

5-7 Years

Focus: Social skills, strength, and structured play

Recommended: Medium slides, belt swings, monkey bars

8-10 Years

Focus: Confidence, independence, and advanced coordination

Recommended: Large slides, spinners, climbing walls

11-12 Years

Focus: Problem-solving, risk-taking, leadership

Recommended: High slides, climbing nets, balance beams

Included Printable Templates

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- Blank Playground Layout (A4 Grid)
- Age-Specific Equipment Checklist
- Teacher Observation Form
- Activity Prompt Cards (cut and use)

Editable Planning Form (Sample Layout)

Playground Planning Snapshot:

Location: _____

Age Group: _____

Key Features Planned:

- _____

- _____

Learning Focus:

- Cognitive / Social / Physical (circle one)

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